

# Meeting U.

## BIOGRAPHY - JAMES SPELLOS, CMP

James Spellos, CMP is the President of Meeting U., a company specializing in training in the topics of technology applications, and meeting planning. Jim's career has spanned over two decades with highlights including:

- 2004 Award for Teaching Excellence, bestowed by New York University's School of Professional & Continuing Studies
- Meeting Planner of the Year, as selected by the Greater New York Chapter of Meeting Professionals International

Jim is certified as a Microsoft Office Specialist (MOS). He is a recognized expert in the field of technology applications training. He provides corporate software training for business both within and outside of the hospitality industry. His technology seminars are well attended and highly acclaimed, and he is considered one of the best teachers of technology applications in the country.

Jim has been a faculty member at New York University's School of Professional and Continuing Studies since 1990, joining the undergraduate faculty in 2002. He developed all of the on-line courses for NYU's Meeting Management certificate program. He also develops numerous courses for worldwide leading seminar organizations as the American Management Association.

Through Meeting U., Jim publishes a monthly technology e-letter called Techniques. This free newsletter discusses cool technology and productivity tools both within the meetings industry, as well as those that apply for all professional and personal use.

Outside of the meetings industry, Jim is an accomplished musician and songwriter, playing lead guitar in New York City-based rock band Contraband. Their first CD, Welcome to the Neighborhood, was released in late 2008, with all proceeds going to charity.

James Spellos, CMP, MOS  
[jspellos@meeting-u.com](mailto:jspellos@meeting-u.com)  
<http://www.meeting-u.com>